

Municipal Office

PO Box 79 33 Pleasant Street Guysborough, NS B0H 1N0

HOURS of OPERATION

Monday - Friday 8:00am - 5:00pm

Phone Number

902-533-3705

902-533-3508

Toll Free: 1-855-533-3705

Fax Number

902-533-2749

www.modg.ca

Follow us on Twitter: @modgcao

Like us on Facebook: www.facebook.com/modgcounty

Council Meetings

The Public is invited to attend meetings of Guysborough Municipal Council, which are held the third Wednesday of each month.

> November 15, 2023 December 20, 2023

All meetings will be held at 4:30pm in the Council Chambers.

Municipal Newsletter November / December 2023



Volunteer of the Year at the Provincial Volunteer Awards Ceremony

The Provincial Volunteer Awards Ceremony was held on Monday, September 25th, 2023.

This year, the Volunteer of the Year from the Municipality of the District of Guysborough is Bryant Long. Bryant was recognized for his longstanding work with the Erinville Volunteer Fire Department and in his community.

Thank you Bryant and congratulations on the well deserved recognition.

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News From the Municipality

MODG Economic Development

Port Hawkesbury Paper Goose Harbour Lake Wind Farm Project Update

PHP Wind, an entity of Port Hawkesbury Paper, is developing the "Goose Harbour Lake Wind Farm Project" in Guysborough County, NS, and is an important step toward enhancing the company's long-term viability. This project has secured EA Approval and is projected to utilize between 19 and 31 wind turbines (depending on design/supplier) to diversify the province's energy supply and minimize its carbon footprint.

During this summer PHP completed extensive Geotechnical field work and is now planning site clearing activities for this fall / winter period. With construction in 2024 and operations starting in 2025, the project symbolizes the company's commitment to the environmental, economic, and social objectives.

The wind farm project will spur economic growth by yielding about \$320 million in investments and creating local employment, with approximately 150 temporary full-time positions, multiple contracts, and up to five permanent roles. The project is also estimated to yield \$1.4 million per annum in tax and lease payments, with additional economic benefits, particularly providing access to cost-controlled, renewable energy.

Community involvement and open dialogue with stakeholders strengthen the project's success. PHP has held a series of open houses since the Spring of 2022 and received feedback from residents, the project design team has considered the feedback and the location of several turbines have been adjusted. To further engage the community in ongoing project development, a Project-specific Community Liaison Committee with a focus on Guysborough County is currently being established.

For further project information, or if you would like to join the CLC, please contact info@phpwind.ca.

Community Recreation Grants

The Community Recreation Grant Program is designed to encourage community recreation in a manner consistent with the recreation principles, goals and plans of the Municipality of Guysborough. In addition, it is to be used to improve the quality and quantity of community recreation opportunities by financially assisting community groups with new Recreation & Culture Initiatives, Leadership, Youth Programming and Individual training and development.

Community Grants are received and assessed on an "as needed" basis. In addition, it is the policy of council to approve only one community grant per year (April 1st - March 31st) per group or individual.

Community Program Grant (\$500.00) – This grant is for community organizations that are planning programs or events for residents of MODG

Community Hall Grant (\$1,000.00) - All Community Halls and Community Centres in MODG are eligible to apply to assist with the ongoing cost of maintaining a community space.

Please feel free to contact our Recreation Department for more information on our grant program, 782-452-4003 or atavares@modg.ca.

Forms for these grants can be picked up at Recreation Office or found on our website at:

https://modg.ca/residents/your-municipal-services/recreation/programs



UPDATES FROM THE GDBP

guysborough district business partnership www.guysboroughdistrictbusiness.ca

Guysborough District Business Partnership acunningham@gdbp.ca



IMPORTANCE OF SUPPORTING SMALL BUSINESS

October 15-21st celebrates National Small Business Week in Canada, and there are many reasons to celebrate and support small businesses in our area. Small businesses provide stability in our communities, they provide job creation, offer local services and amenities to residents and keep our dollars local.

Small businesses are the backbone to the growth of a population and a thriving local economy. We need to work to support our existing businesses and create the conditions to develop and attract more.

With growth and future developments come the need for people. More people require more services and small business availability. Local entrepreneurs invest their time and resources into their communities and work for the greater **good** of their communities. Their efforts are vital to the attraction of new residents and business.

Exploring Existing Resources

Local demand for small businesses continues to grow across industries; specifically in the food service, trades and retail sectors. Aspiring female entrepreneurs can take advantage of free programming that provide six weeks of online startup training; a database of specific training and skill development called SkillsPass, is a website that offers free online opportunities for gaining knowledge in specific areas of business. For those interested in the hospitality or tourism industries, emerit.ca provides low-cost online certification training. There are lots of opportunities and resources to explore!

Ways to Support Local Businesses

Here are some great ideas to support businesses in your area:

- · Shop local as much as you can!
- Share posts from local retailers on social media for sales or promotions
- Leave positive reviews when you have had a positive experience
- Promote their offerings through word of mouth to friends and family members
- Use local services for your own small business
- Consider starting your own small business if you have a talent or special skill that everyone comes to you for!

Local Resources

The Guysborough CBDC offers various financing opportunities and entrepreneurial programs tailored to business plan writing, start-up financing opportunities. and business training Guysborough Office of NS Works provides various opportunities for employers and employment seekers helping source funding for skills training and business start up advice. Over the last year, the GDBP have offered free business startup training through an incubation program, have held networking events, special events and are currently working with youth and facilitators to encourage development through strategic planning efforts for future growth.

If you are considering starting your own business, or have interest in learning about any of these programs please reach out!

BE SAFE WITH SHARPS

DISPOSE OF ALL NEEDLES SAFELY.





NEVER place sharps in your garbage or recycling bags

Pick up a FREE Safe Sharps container at your local pharmacy.
Once full, return to the pharmacy for safe disposal.

Sharps containers are intended for the disposal of needles, syringes, lancets, auto injectors and infusion sets.

Thank you for keeping our workers safe!

For more information, please contact the RRFB at: 1-877-313-RRFB (7732) or your local pharmacy





Chedabucto Lifestyle Complex

Fitness Center and Building Hours of Operation

Monday – Friday 6:00am – 9:00pm Saturday and Sunday 9:00am – 5:00pm

We offer rentals for meetings, birthday parties, weddings and more. Call us at 902-533-2088 to discuss your booking. We have free equipment rentals on scooters, roller blades and helmets and other equipment that can be used on site. Contact us for fitness centre membership pricing.

Follow us on Facebook (@chedabuctolifestylecomplex) for all up to date announcements and information regarding upcoming Recreation Programs and Events. Phone: 902-533-2088

Fanning Fitness Center

The Fanning Fitness Center is located in Hazel Hill at the Fanning Education Center. Please contact the centre at 902-366-2924 for information on memberships. The regular hours are as follows as of September 6th:

3:00pm to 8:30pm Monday to Friday 9:00am - 3:00pm Saturday 11:00am- 3:00pm Sunday

Canso and Area Arena

The Canso and Area Arena is now open for the season.

Fee per 1 hour ice booking is \$140. Warm room is also available for bookings at a rate of \$30.00 per hour.

Please call 902-533-2088 if you are looking to book an ice time or to book the warm room.

Public Skate Times

Wednesday's 4:00pm-5:00pm Sunday's 5:00pm- 6:00pm

Drop In Hockey Programs

Wednesday's- Adult Drop In 8:00pm - 9:00pm

Friday's- Youth Drop In 6:00pm- 7:00pm, Teen Drop In 7:00pm- 8:00pm

Sunday's Adult Drop in 7:00pm - 8:00pm

All skaters must wear a helmet during public skate. Public skates are sponsored by MODG and are free to attend.



PACY Afterschool Program

The PACY After School Programs at Chedabucto Lifestyle Complex and Fanning Education Centres continue to provide children with the opportunities to be active and have fun with their peers.

Chedabucto Lifestyle Complex

Grades STEP to 6: Monday, Wednesday and Friday 2:30pm-4:00pm

Fanning Education Centre

Grades Pre-Primary to 2: Monday & Friday 2:45pm-4:00pm Grades 3, 4 & 5: Wednesday 2:45pm-4:00pm

The objective of the PACY program is to teach children that physical activity is something that can be fun and they can enjoy every day of their life.

PACY is a free program. Please call 902-533-2088 for more information.

Markie Bus Tours Shopping Trip

Shopping Trip to Mayflower Mall, Sydney on Wednesday, November 29th, 2023.

Meet at Chedabucto Lifestyle Complex at 8am, returning at approx. 7:00 pm.

\$20.00 per person, open to all ages.

Registration is required and space is limited, please sign up by calling 902-533-2088.

Sponsored by MODG Recreation Department.

Seniors Fun Day & Turkey Dinner

Come join us for a senior's social. There will be games of 45 cards, crib, etc. as well as music and prizes.

Wednesday December 6th, 10am - 2pm at the Chedabucto Lifestyle Complex.

There will be a Senior's Turkey Dinner provided by GOALS at a cost is \$10 per plate.

Registration is required and space is limited. Please call 902-533-2088 to register or for more information.

Sponsored by MODG Recreation Department.



36th annual Guysborough County 55+ Games

The 36th annual Guysborough County 55+ Games were held on Wednesday, October 4th and Thursday October 5th at Liscombe Lodge. Below is a list of events and winners.

Walking Event

First - Mary Mackenzie Second - Elaine Crathrone Third - Genevieve Gaudet

Ladder Golf

First - Leslie Buchanan and Lainie Laundry Second - Pat Steger and Bernie Steger Third - Marian Brow and Val Ash

Crokinole

First - Allan MacKeen and Gloria MacKeen Second - William Polson and Rose Third - Doreen Martin and Diana Williams

Washer Toss

First - Kenny O'Leary and George Gaudet Second - Doreen Martin and Betty Fleet Third - Lainie Laundry and Leslie Buchanan

Carpet Bowling

First - Odd Balls Second - Shamrock Team Third - Lucky Ducks







36th annual Guysborough County 55+ Games

The 36th annual Guysborough County 55+ Games were held on Wednesday, October 4th and Thursday October 5th at Liscombe Lodge. Below is a list of events and winners.

Scrabble

1st - Cora Pollard and Brenda Garrity 2nd - Joan Lewis and partner 3rd - Barbara Pace and Sharon Pye

Outdoor Shuffleboard

First - William Polson and Keith Lewis Second - Hope Wright and Sylvia Hape Third - Susan McKeough and Anne MacDonald

Crib

First - Alvina Snow and Brian Keeping Second - Carol Beaver and Rennie Beaver Third - Eric Pineault and Carol Pineault

Indoor Shuffleboard

First - Christie Spears and Diane McMullin Second - Sharon Pye and Barbara Pace Third - Kenneth O'Leary and George Gaudet

Darts

First - Lainey Landry and Leslie Buchanan Second - Allan MacKeen and Gloria MacKeen Third - Anne Marie Casey and Agnes Hawco

45's

First - Valerie Hape and Laverna Alexander Second - Barbara Pace and Linda Pye Third - Juanita Dort and Janice Hendsbee









There are so many ways to access Eastern Counties Regional Library (ECRL) services:

- **Staffed Library Hours** Visit the library, use the computer or free Wi-Fi, browse the collection, and get inperson or telephone assistance from local staff.
 - -Canso Public Library: Wed, Thu, Fri 12:30pm-5:30pm, and Sat 9:30am-1:00pm
 - -<u>Guysborough Cyril Ward Memorial Public Library</u>: Tue, Wed, Fri 12:30pm-5:30pm, and Sat 9:30am 1:00pm
- Extended Library Hours Help yourself to the library in Guysborough Cyril Ward Memorial Public Library, Atlantic Canada's first Open Library! Use your adult library card and PIN to unlock the door during extended hours (7:00am-9:00pm daily).
- **Borrow by Mail** available to all residents of ECRL's service area. Select items in our online catalogue and place a hold, selecting "ECRL Borrow by Mail" as the pickup location, or call your library for assistance.
- **Digital Library Services** accessible for free anytime, from anywhere with an internet connection. With downloadable eBooks and audiobooks, newspapers, magazines, music, television and film, English and French encyclopedias, video tutorials, and language learning courses, there is something for everyone at ecrl.ca/digital-library-services/

Get the latest library service updates by visiting our website often at <u>ecrl.ca</u>, or by following ECRL on social media: www.facebook.com/ECRLibrary and twitter.com/ECRLibrary.



Eastern Light Lodge #72, A.F. L.A.M., Grand Lodge of Nova Scotia (http://www.grandlodgens.org)



Eastern Light Lodge #72, A.F & A.M., (established 1875) meets the 2nd Wednesday monthly at 26 Queen Street, Guysborough.

If you are in need of a secure, clean and dry storage unit, Eastern Light Lodge can assist you. Self-storage units are located within the lower level of the masonic-lodge building at 26 Queen Street, Guysborough. Inquiries about the self-storage units may be directed to 902.870.0515.

"Freemasonry is an organization of like-minded men who accept a lifestyle based on a universal system of morality dedicated to the self-improvement of its members and thereby contributing to the building of a better community."

Who we Are: Like-minded men who accept a lifestyle based on a universal system of morality!

What we do: We are dedicated to the self-improvement of our members!

What is Important to us: Contributing to the building of a better community!

Ouestions:

Rt. Wor. Bro. John (Jack) E. Ronald, Worshipful Master (902-631-4031) Jackronalds1@gmail.com

Rt. Wor. Bro. Darrell Grant, Secretary (902.631.1531) darrell.grant@martinmarietta.com

To be a Mason --- Ask a Mason





Working Capital Loans

Does your business require working capital for:

Tenders/bidding,

Trade show inventory,

Project bridge financing,

Seasonal operational revenues,

Or other working capital requirements?

CBDC Guysborough County offers loans with quick approval and low interest rates.

For additional information email us at:

daphne.pellerin@cbdc.ca

St. Patrick's Kitchen Party

St. Patrick's Kitchen Party at the Guysborough Intervale Hall, on the 3rd Sunday of each month until the end of November. Admission is \$5.00, lunch is served and great local talent.



Guysborough Food Bank

Located at 10 Green St, Guysborough.

The Food Bank is open Thursday 12:00pm - 2:00pm.

Pick-up can be arranged outside normal hours for emergencies only.

For inquiries please contact 902-533-2248.

Donations can be dropped off at anytime by placing in the donation box located outside the building.

Nova East Wind - Canada's First Offshore Wind Farm

DP Energy and SBM Offshore would like to extend a huge thank you to area residents, business owners, fishers and municipal council members who came to a recent Open House event for the Nova East Wind project on August 22, 2023. The team would also like to extend their gratitude to the Goldboro Interpretive Centre for providing a perfect location for the Open House with exceptional food and refreshments.

Nova Scotia offers one of the world's greatest untapped offshore wind resources, and SBM Offshore has recently formed a joint venture with DP Energy to develop an early commercial demonstration project with an expected capacity of 300-400 megawatts (MW) of floating offshore wind (FLOW).



Located approximately 20-30km off the coast of Goldboro, the project is planned to be operational by 2030 and could support Nova Scotia and Canada's 2030 decarbonization goals.

The Nova East Wind team is committed to engaging with stakeholders and local community and have a meaningful dialogue, to ensure the project is developed in a manner that reflects the needs and values of the community.

More information on the project can be found at https://novaeastwind.ca.



Canso Area Development Association (CADA)

"ENGAGING OUR COMMUNITY"

Annual General Meeting: Date: 7PM, Tuesday, November 14, 2023

Location: Canso Library & Resource Centre

Guest Speaker: Ms. Anita Price (Consultant Third Sector Enhancement Ltd.)

The Public is cordially invited to attend our Annual General Meeting (AGM). Our Guest Speaker will outline the

findings to develop the Canso Fisheries Heritage Centre on the waterfront.

Light refreshment will be served.

Guysborough County Kids First

Kids First Family Resource Center is a non-profit organization serving families throughout Guysborough County. We hold weekly programming year-round for families with young children while offering various home visiting programs.

- · Kids Programs including Drop-In programs in Guysborough and Canso. (0-6yrs) And 3+ Drop-Off programs including Little Chefs, Little Sprouts, Little Einstein's, Shimmy & Shake, and Tumble Bugs. (ages 3 and up)
- The Enhanced Home Visiting Program is designed to help new parents with goal planning using a family-centered, strengths-based approach.
- The (CPNP) Prenatal Program is for all pregnant women in Guysborough County. Supports include prenatal vitamins, 4 liters of free milk per week while pregnant, breast pump loans, free car seat installation, and play groups including Baby Group, Busy Babies and Walk & Talk.
- · Parent Programs including Mom & Dad's Night Out, and Dad & Me programs.
- · Parenting Journey (3-16 yrs) is a home visiting program providing support for families experiencing challenges that may impact overall family functioning.
- · The Cultural Connection Initiative is intended to increase the capacity of the DCS Prevention & Early Intervention system and the local communities to collaborate and respond to the needs of African Nova Scotian children, youth, families and communities.
- · Guysborough Kids First now has a fully operating Giving Cupboard for families. Donations are welcome.
- To contact Kids First, call 902-533-3881 or toll free 1-888-533-3881 or message us privately on our Facebook Page.
- · We are located at 105 Queen Street, Guysborough (above the fire hall).





CALL 902-338-0959

9 AM - 1 PM MONDAY TO FRIDAY

THINGS TO KEEP IN MIND:

- reserve at least one day before your ride (Friday by 1 pm for Monday rides)
- pets must be in a carrier
- · pay by cash or e-transfer
- subsidies available for those who qualify
- more info: guysborough.ruralrides.ca

Door-to-door rides!



Isaacs Harbour Cemetery Association

Myra Carter, Treasurer of the Isaacs Harbour Cemetery Association and one of the founding members of the Association, receives a generous donation of \$1,000 from John Beaton of Signal Gold.





Harbourview Volunteer Fire Department

The Harbourview Volunteer Fire Department is seen here accepting a donation of much appreciated medial supplies from Kevin and Michael (absent from photo) Silver. Included in the supplies are thermometers, nitrile gloves, medical masks, hand sanitizer, and medical bags. The department wishes to extend their appreciation for this welcome donation.



Goldboro Interpretive Centre

Quilter Group

The Quilters Group meets most Monday afternoons between 1:00 - 4:00 at the Centre. If interested in quilting, please join us.

Auction 45's

The Centre hosts card night every Wednesday evening at 7:30 p.m. The admission is \$5 per person; partner not required.

Chase the Ace

The game continues every Saturday evening until the Ace of Spades is chosen. Tickets sell 3 for \$5.00. Ticket sales are Saturday evenings 6:00 - 8:00 with the draw at 8:15.

Bingo

The Centre hosts Bingo on the second Friday of each month. Games start at 7:30 p.m.

Remembrance Day Service

An outdoor service will be held at the Centre on Saturday, November 11th. A luncheon will be served indoors following the service.

Christmas Dinner

The annual Christmas dinner will be held on Saturday, December 2nd. To reserve please call Nancy at 902-387-2635 or Donna at 902-387-2988. The cost is \$15 per meal. **Deadline to reserve is Friday, November 17th.**



Chedabucto Curling Club

The Chedabucto Curling Club is looking forward to our 60^{th} year. Many events are already into the planning stages and it's sure to be a banner year.

Registration will soon be underway for the 2023-2024 season. If you have questions about becoming a Chedabucto Curling Club member, whether as a Full, Social or Little Rocker (ages 6 - 9 years) / Junior (ages 10 - 19 years), please inquire.

The Chedabucto Curling Club Community Activity Society (CAS) in addition to being a welcoming organization is an excellent source of recreation and socialization.

Curlers are encouraged to participate at their comfort levels such as becoming delivery-stick curlers with no sliding required. Equipment such as curling brooms, sliders, stabilizers and delivery sticks are provided free of charges to members by the Chedabucto Curling Club.

At this time we wish to thank all who have generously supported the club by purchasing tickets for the annual Ducky Race.

Questions- Maurice Landry 902-533-4068 mmp.landry@ns.sympatico.ca

Website: www.chedabuctocc.ca Like us at www.facebook.com/ChedabuctoCC

Follow us on Twitter www.twitter.com/@ChedabuctoCC

Shamrock Club

Card plays every Sunday and Tuesday @ 7:30 PM.

A 5 cent bingo is held every Thursday at 1:00 PM.

Music nights are being held the third Friday of the month <u>@ 7:00 PM until around 9:00 PM</u>. All local talent. Doors open <u>@ 6:30</u>. \$5 at the door. Even split tickets are sold. A light lunch is served <u>around 8:30</u>.

Our Christmas Dinner will be hosted by the Lions Club on December 9th at 5:00.

The Guysborough Adult Learning Association will be hosting various activities at the club on Tuesday and Wednesday each week from 10:00 AM to 12:00 PM for more info please contact GALA or Pauline Parker.

Our Christmas Bazaar will be held November 25 at 1:00 PM.

Our hall is available for rental for a minimum charge of \$75 for craft sales, birthday parties, receptions, meetings, etc. Please contact Pauline at 902-366-2767

If anyone 50 years of age and older wishes to join the Shamrock Club please call <u>902-366-2767</u>. The dues are \$10 per year. Our meetings are held on the 3rd Wednesday of each month <u>@ 1:00 PM</u>. (No meetings during July and August).





Guysborough & Area Dementia Support Group

The Guysborough & Area Dementia Support Group meet from 1-2 pm at the Chedabucto Lifestyle Complex on the first Monday of each month, the exception being holidays, we then meet on the second Monday. This is a respectful, non-judgemental atmosphere.

For further information contact Ursula at (902)870-1029 or email ursularyan55@gmail.com



Christmas Tea & Tunes

Wednesday, December 6 from 2-4pm at the Wesley United Church Hall (32 Queen St.).

All are invited to gather for tea/coffee, Christmas sweets & biscuits and some social time with Christmas tunes. COST is By Donation (All proceeds are going to our Advent Cheer Fundraiser – learn more when we gather) Thanks for your Support!!!

Harbourview Community Centre

Our New Harbour Days was a great success this year so thank you to everyone who volunteered, planned and participated.

Fall is in the air, hope everyone had a wonderful Thanksgiving. We've had the pleasure of being the location for the Langille/Fraser wedding. Congrats to the bride, groom and their families.

We have a Halloween Dance planned for **October 28**th with money prizes for best costumes. This will help fund the annual children's Christmas party and we thank Jody Luddington for organizing and running this event. Thank you all for participating.

November 18th is set for the annual pre-Christmas dinner. 4:00pm till 6:00pm. Meal cost is \$15 per plate, and \$8 for children. Following the meal we will light up the community tree (at 7:00pm) so stick around for some hot chocolate and treats.

December 9th from 1:00pm till 3:00pm is the Children's Christmas Party. A visit with Santa, snacks and presents. All children in our catchment area, up to age 12 are invited. **Please register your child** by calls or text to (902) 328-7997, Facebook messenger to Lori Sangster or on the Facebook event itself. Include name and age to help us with the buying of appropriate gifts. Special thanks to the Harbourview Volunteer Fire Department, MODG, Larry's River Volunteer Fire Department, G.A.L.A. as well as our Community Centre and its volunteers, for making this event possible.

Happy Holidays and be safe, see you all in 2024.

New Harbour & Area fitness Centre

Welcome to fall/winter with cooler weather and camping over, lets keep moving, no need to feel stuck inside. The gym is always a good place to get those frustrations out and sweat away the winter blues. Charlene is supervising every evening 6:00pm-8:00pm (unless posted otherwise) Viola and Cynthia have some daytimes open, so be sure to contact us for info.

There is one treadmill out of order at present, hoping for a quick repair, so please be kind and share your cardio time. The new bike is amazing and so is the elliptical. We have removed the calf machine which allows for more floor space for additional workout ideas.

Join our Facebook page for contact info and keep going, you are doing it!



Canso Lions Club Fall Activities 2023

The Canso Lions Club holds is regular meetings on the 1st and 3rd Wednesday of each month. New members are welcome to assist with Lions Club projects. For information about Lions contact the membership chair Lion Marylou Bond 902-366-2265 or any Lions Club member.



Every Tuesday at 6 PM TV Bingo is broadcast from the Lions Club on Cable 6 bingo players can buy cards and play on Cale 6 or at the Lions Club, following Bingo Drop in Darts is held every Tuesday at 7:30 PM. Card plays every Thursday at 7:30 PM

The Lion's Hall is available for bookings contact Lion Juanita Dort 902-366-2639. Canso Lions collect used glasses and cases for underdeveloped countries.

Funds raised by the Lions Club are used to help individual community members and area groups this is possible through the support of our community.

Santa at Winter Creek

ETTA (Eastern Tips Trails Association) will be hosting **Santa at Winter Creek** (Chapel Gully Trail) Friday, December 9 @ 6 pm. Rain date December 10 @ 6 pm. All are welcome. For more info Contact Susan O'Handley @ 902-366-2146

Temporary Closure Information

Need to know when your emergency department is closed?



Visit <u>www.nshealth.ca/temporaryclosures</u> to find information on temporary emergency department closures & other service interruptions.

You can also call the hospital switchboard:

Eastern Memorial Hospital: 902-366-2794, Extension 2. Guysborough Memorial Hospital: 902-533-3702, Extension 2.

WHEN AN EMERGENCY DEPARTMENT IS CLOSED:

- · Anyone with urgent medical needs should call 911.
- For non-urgent care, call your family doctor/primary care provider. If you do not have one, please add your name to the Need a Family Practice Registry (www.needafamilypractice.ca)
- For general health advice and information 24/7, call 811 and talk to a registered nurse.
- The provincial Mental Health & Addictions Crisis Line can be reached 24/7 by calling 1-888-429-8167.



Nova Scotia Works Career Connections Guysborough County

We provide FREE employment related services to all Nova Scotians. We help access government sponsored programs designed to assist with employment, training, and supports.

Our Case Managers assist people with the job search process. We help you create a resume and cover letter. We offer guidance during decision making and prepare you for the interview. We help you identify your skills, qualifications, and interests. You will discover your suitability for potential employers, educational programs, or self employment. We offer a starting point and ongoing encouragement as you strive to meet your employment/career goals.

We provide the following employment services to people:

- Job search assistance
- Help with resumes, cover letters, and interview skills
- Free Wifi access
- Mock interviews
- Case management/career counselling
- Free workshops
- Access to the latest (LMI) Labour Market Information
- Access to desktop and fully accessible computers

Employment Nova Scotia Funding Programs Information

Address:

9996 Highway 16, Unit C

Guysborough, NS

B0H1N0

Phone:

1-844-344-1369 (Toll Free)

A Roof Over Your Head

A Roof Over Your Head is a charitable organization that helps the homeless or precariously housed individuals to find & secure adequate, safe, accessible & affordable housing. The organization serves clients in both Antigonish & Guysborough county, with their main office located at 219 Main Street, Suite 303 Antigonish. They will be setting up a satellite office bi-weekly on Tuesday's at the Chedabucto Lifestyle Complex on the following dates:

- November 14th
- November 28th
- December 12th

Clients looking to speak with a housing support worker should call 902-870-9919 in advance to book an appointment.

A ROOF OVER YOUR HEAD is currently in the midst of a fundraising campaign that will directly support clients right here in Guysborough County. We are currently taking orders for Mitchell's Soup packages that will be delivered in time for Christmas & make a great gift idea for the 'hard to buy for person on your list'. For more information please check out the A Roof Over Your Head Facebook page.



Fall Bazaar St Francis Harbour

There will be a Fall Bazaar on Sunday, November 12, starting at 11 am at St. Francis Harbour Hall, St. Francis Harbour, Guys. Co. There is no admission fee.

There will be new to you tables, bake table, prize wheel, ticket draws. Lunch will be served, fish chowder, chili, biscuits and rolls, tea and coffee. Also there will be ticket draws.

There will be table rentals. For more information, please call Jeanine at 533-3485 or Ada at 533-2721. Hope to see you there.

Guysborough County Adult Learning Association (GALA)

The place for lifelong learning

GALA offers programs to help develop and enhance computer skills, work-related skills, soft skills, and other essential skills. We also help people prepare for the GED. Our computer program includes: basic computer skills, email, social media skills, online safety and so much more!

These skills help people succeed in the workplace, in the classroom, in their community as volunteers, and in other activities of daily life. Our programs are open to any adult who is 18 years or older and is a Canadian citizen.

We have classes in Guysborough, Sunnyville, Canso, Sherbrooke, and Goshen. We can also do online classes and packages. We also offer Family Literacy programs.

All GALA programs are FREE. We may be able to provide support for transportation to our classes. To find out more or to register for our programs, please call (902) 533-4252 or email: admin@guysboroughlearning.ca

The Guysborough County Adult Learning Association is sponsored by the NS Department of Labour and Advanced Education and NSSAL.

Local Senior's Clubs

If your local Seniors Club has recently closed down, the Senior clubs of Canso, Upper Big Tracadie and St. Andrews invite any members in these areas to join one of our clubs.

Contacts are: Canso, Pauline Parker - 902-366-2767; Upper Big Tracadie, Mary Desmond: 902-870-5680; St. Andrews, John DeCoste - 902-714-5797.



Canso Curling Club

Potential Start for this season will be November 20th. We welcome new members and if you'd like to drop in to try it, please contact any member of the Club and we will make arrangements to facilitate this.

For more information, or to register for the upcoming season, please contact President, Ashley Boudreau at 902-870-5047.

Fees: New Members - \$100, Returning Members - \$125, Students - \$75.

If playing in two leagues the price is \$175

Leagues: Regular Mixed League – Monday and Tuesday (Thursday if required) at 7pm

Competitive League – Sunday, time to be decided. Day League – Wednesday at 10am (Friday if required)

Drop In Curling – Tuesday at 10am (Cost is \$5.00). Youth Curling – To be decided.

<u>Rentals:</u> Club Members - Free, Hall Rental - \$50, Hall & Ice Rental - \$100, Hall & Kitchen Facilities - \$100; Hall, Kitchen & Ice - \$150. Bar facilities are available when requested for adult events.

Other News:

The Canso Curling Club has received funding from the MODG and Dept Communities, Culture and Heritage to assist in necessary upgrades to the Ice plant and electrical. This ambitious undertaking will require the Club to raise approximately \$100,000. Stay tuned for fundraising projects including a Rafflebox Provincial Lottery.

Message From MLA

What a busy and jam-packed summer we just had! Of course, summer doesn't really start until school is out, and we had some wonderful graduation ceremonies in Guysborough-Tracadie at the end of June. It was an honour to attend two such ceremonies on behalf of the province- Canso Academy and St. Mary's Academy. Congratulations to the rest of the graduates from Guysborough Academy, East Antigonish Academy and SAERC, as well as all students on another successful school year!

There were so many great festivals and events throughout the constituency, from Come Home Week, Stanfest, Canso Regatta and Thunder Rally to Scotia Days, Smokey Hollow Holidays, New Harbour Days, Whitehead Days, Festival Savalette, Interval Days and Ecum Secum Days. That list doesn't even include Canada Day festivities in Guysborough, Sunnyville, Canso, Goldboro, Goshen and Sherbrooke. A huge shoutout and thank you to all the community-minded volunteers who make these events happen- it definitely would not be possible without you!

As we head into the fall, I remind you- please do not hesitate to contact my office if there is anything Charla and I can do- we're here to help!

Greg

Greg Morrow

MLA Guysborough-Tracadie

Huy Monon

902-533-2777

Gregmorrow4gt@gmail.com



THREE STEPS TO COST-EFFECTIVE

HOME FLOOD PROTECTION

Step 1: Maintain what you've got at least twice per year

Do-it-yourself, \$0



Remove debris from nearest storm drain or ditch and culvert.



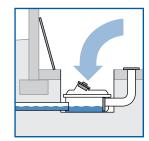
2 Clean out eaves troughs



3 Check for leaks in plumbing, fixtures and appliances.



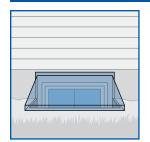
4 Test your sump pump.



5 Clean out your backwater valve.

Step 2: Complete simple upgrades

Do-it-yourself, for under \$250



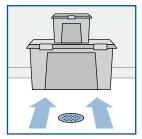
Install window well covers (where fire escape requirements permit).



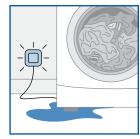
Extend downspouts and sump discharge pipes at least 2 m from foundation.



Store valuables and hazardous materials in watertight containers and secure fuel tanks.



Remove obstructions to floor drain.

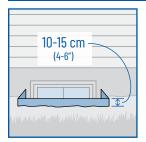


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Install and maintain flood alarm.

Step 3: Complete more complex upgrades

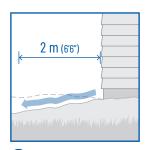
Work with a contractor, for over \$250



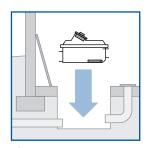
Install window wells that sit 10-15 cm above ground and upgrade to water resistant windows.



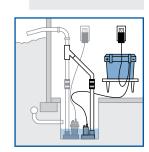
Disconnect downspouts, cap foundation drains and extend downspouts to direct water at least 2 m from foundation.



Correct grading to direct water at least 2 m away from foundation.



4 Install backwater valve.



Install backup sump pump and battery.







Scan the code or click the link for additional resources at www.intactcentre.ca



THREE STEPS TO A COST-EFFECTIVE FIRESMART HOME

Step 1: Maintain what you've got at least twice per year

Do-it-yourself, \$0 - \$300



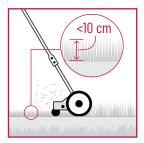
Remove needles, leaves and other debris from gutters, roof surfaces, decks and balconies. Regularly clean vents.



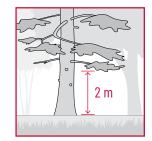
Remove all combustible ground cover (mulch and plants) within 1.5 m of the house perimeter.



Remove combustible materials (firewood and lumber) stored within 10 m of house perimeter and under decks.



Mow the lawn to <10 cm and plant low-growing, well-spaced shrubs and other fire-resistant plants.



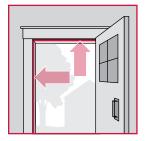
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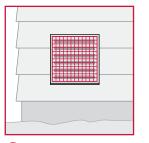
Prune trees to create a 2 m clearance from the ground to the lowest tree branches.

Step 2: Complete simple upgrades

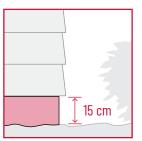
\$300 - \$3,000



Replace worn or missing weather stripping on all doors including garage doors.



Add a non-combustible 3 mm screen to all external vents, except dryer vents.



Create a 15 cm ground-tosiding non-combustible clearance (e.g., install cement board or metal skirting).



Install non-combustible fencing within 1.5 m of the house (cement fiber, metal, chain link or stone).



Install non-combustible ground surfaces within

1.5 m of the house (mineral soil, rock, concrete or stone).

Step 3: Complete more complex upgrades

Work with a contractor, \$3,000 - \$30,000



Install Class A fire-resistant roof covering (e.g., cement fibre, metal or asphalt shingles).



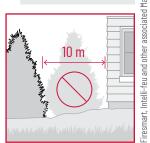
Install non-combustible siding (stucco, metal, stone, cement fibre board).



Install multi-pane or tempered glass windows and exterior fire rated doors.



Retrofit all deck components to be fire-rated, with a continuous surface.



Remove conifer trees that are within 10 m of the house.

Note: not all actions will be applicable to each home. Completing these steps does not quarantee the prevention of fire.











WASTE COLLECTION SCHEDULE

1-902-533-3705

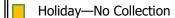


December 2023							
S	M	T	W	T	F	S	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24 31	25	26	27	28	29	30	

Collection for Monday, December 25th, will be done on Friday, December 1 29th. There is No Collection January 1st. No Bulk Collection in December*

Collection Legend:

Clear Bag, Blue Bag, Green Cart Collection



Bulk Waste & Clear Bag & Blue Bags & Green Cart Collection

If you are not sure, please call: 902-533-3705

RECYCLE RIGHT!



COLLECTION DAY NOTICE

Waste Must Be Curbside by 7:00AM on Collection Day

GET SCHEDULES. REMINDERS & SORTING INFORMATION AT WWW.erswm.ca OR CALL ERSWM AT 902-870-2817



ORGANICS

GREEN CART

No Plastic, Metal, Glass,

Cigarette Butts or Ashes.

PLACE THE FOLLOWING ITEMS IN

YOUR ORGANICS GREEN CART

Vegetables, Fruit & Peelings

All Leftover Food (table scraps)

SOILED AND NON-RECYCLABLE

ALL FOOD WASTE:

Meat, Fish & Bones

Bread & Pasta Solid Dairy Products

Paper Bags Sugar & Flour Bags Paper Plates

Paper Fast Food Packaging & Boxboard (ie. Fry Boxes)

Restaurant Pizza Boxes Soiled Paper Products (ie. Napkins & Paper Towel)

Waxed Paper

PAPER:

Egg, Fish & Nut Shells Coffee Filters & Grinds

PUT WASTE IN ITS PLACE Waste Sorting Guide

We Recycle Please do your part!

RECYCLING

MUST BE CLEAN & PROPERLY SORTED BLUE BAG # 1 — PAPER ONLY

ALL PAPER MUST BE CLEAN & DRY.

- Newspapers & Flyers Boxboard & Paper Boxes
- Office Paper Magazines & Catalogues
- Egg Cartons
- Books (Hard Covers Removed) Cardboard (Small Amounts)

BLUE BAG #2:





- All Milk Containers (jugs, cartons & bags) Refundable Beverage Containers ¢
- Glass Bottles & Jars
- Metal Food Cans
- Clean Aluminum Foil & Plates
- Plastic Containers (caps off) Expanded Polystyrene
- (ie. Styrofoam Grocery & Bread Bags

CARDBOARD:

Empty, flatten and bundle. (Busine your hauler if you need to bundle.) flatten and bundle. (Businesses - Ask

¢ REFUNDABLE CONTAINERS: Deliver to an Enviro Depot™ to receive the

refund. Or place in Blue Bag #2 for recycling.

CLEAR BAG FOR GARBAGE

A LIST OF EXAMPLES:

- Broken Glass (wrapped for safety)
- Candy Bar Wrappers
- Chip Bags
- Dirty Aluminum Foil
- Toothpaste Tubes Floor Sweepings
- Frozen Juice Cans
- Hot & Cold Drink Cups & Straws
- Incandescent Light Bulbs
- (itty Litter & Diapers
- Netted Bags (ie. onion bags) Personal Hygiene Products Plastic Packaging (no number)
- Soiled Plastic Wrap
- Toilet Paper
- Toys, Dishes, Fabric & Shoes

(Consider Reuse)

Waste Management Facility

A List of Examples:

RESIDENTIAL HOUSEHOLD HAZARDOUS WAST

Drop-off location at the Guysborough

Pesticides, Herbicides, Batteries & Paint Propane Tanks, Oil, Gas & Antifreeze

* BULK WASTE * PICK UP (EXAMPLES)

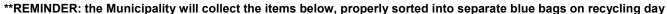
ACCEPTABLE ITEMS:

- FURNITURE
- **APPLIANCES**
- **AUTO TIRES (under 20")**
- ELECTRONICS
- Toys (items too large for a regular clear garbage bag)

UNACCEPTABLE ITEMS:

- CONSTRUCTION DEBRIS
- **AUTO PARTS**
- YARD WASTE
- CLOTHING
- ALL items that fit in a clear garbage bag and weigh less than 50 lbs or 23kg

If you are not sure, please call: 902-533-3705



- ⇒ Blue Bag #3 empty oil and glycol (antifreeze) containers with caps on
- ⇒ Blue Bag #4 clean clothing, other fabrics, footwear, purses & belts
- ⇒ Blue Bag #5 metal pots, pans & small appliances

REDUCE - REUSE - RECYCLE - Thank You!

