

### Municipal Office

PO Box 79  
33 Pleasant Street  
Guysborough, NS B0H 1N0

### HOURS of OPERATION

Monday - Friday  
8:00am - 5:00pm

### Phone Number

902-533-3705  
or  
902-533-3508  
or  
Toll Free: 1-855-533-3705

### Fax Number

902-533-2749

[www.modg.ca](http://www.modg.ca)

Follow us on Twitter:  
@modgcao

Like us on Facebook:  
[www.facebook.com/modgcounty](http://www.facebook.com/modgcounty)

### Council Meetings

The Public is invited to attend meetings of Guysborough Municipal Council, which are held the third Wednesday of each month.

September 20, 2023  
October 18, 2023

All meetings will be held at 4:30pm in the Council Chambers.



### 2023 Wall of Fame Induction Ceremony

2023 Wall of Fame Induction Ceremony was held at the CLC on July 26th.

This year's inductee was the 1974 Guysborough Jost Softball team. Congratulations to all team members.

The Upper Big Tracadie Seniors Action Group was also recognized for their contributions and work in their community.

### Inside this Issue:

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# UPDATES FROM THE GDBP

*guysborough district business partnership*

*www.guysboroughdistrictbusiness.ca*

*FB: Guysborough Distrucit Business Partnership*



## BUSINESS PROFILING PROJECT



**Are you a business owner in MODG that would like a chance to speak about your business and share your experiences?**



**The goal of this project is to shed light on successful businesses in our community that can inspire others to follow in their footsteps! If you would like to participate in this program please reach out!**

**Please email [acunningham@gdbp.ca](mailto:acunningham@gdbp.ca) if you would like to be involved!**



## IMMIGRANT PROFILING PROJECT

**Are you an immigrant in MODG that would like a chance to share your experience moving and living here?**



**The GDBP immigrant profiling project has a goal to make MODG more 'immigrant ready' by telling the stories of people and their families who have decided to call MODG their home. If you would like to offer your thoughts and experiences with your integration into the community we would love to hear from you!**

**Express your interest by emailing [acunningham@gdbp.ca](mailto:acunningham@gdbp.ca)**



## Update From Signal Gold

We are again pleased to be connecting with community stakeholders and Rightsholders for this edition of the MODG Newsletter as we have several exciting updates to tell you about.

### *Timeline amendment*

In July, we announced that there will be an amended start to the Goldboro Gold Project. Our current construction start date is anticipated to be February 2025. There are several reasons for moving forward with an updated start to construction. Across Canada, businesses are dealing with the impacts of inflation. The current economic environment and market conditions have put pressures on industries throughout Nova Scotia leading to project delays and Signal Gold has not been immune to these challenges. In addition to the above, we've been involved with ongoing Crown land use discussions. These challenges will not ultimately impede development, but they do modify the project timeline.

### *How are we advancing the project?*

We are making excellent progress on several activities that are necessary for advancement of the Goldboro Gold Project.

Many of you may already be aware of the increase in the area that we are exploring for gold. Signal Gold acquired an additional 19,450 hectares of exploration licences over the last 6 months greatly expanding the area available for exploration and discovery. Results of a recent IP survey (Induced polarization (IP) is a geophysical imaging technique) indicate continuation of the Goldboro Trend to the west of the Goldboro Deposit with ample gold targets to be tested this year through drilling. At this point in time, Signal Gold has added a second drill that will continue testing these targets towards the historic mine at Dolliver Mountain. Drill core samples from this area will be analysed over the coming months and will be used to assess potential expansion of the near-surface mineral resource to the west of the Goldboro Deposit.

Signal Gold also continues to work diligently toward meeting targets for submission of regulatory permits with government agencies. These permits are required for Signal to proceed with building the Goldboro Gold Project.

As always, we want to thank you for the support you've shown to the Goldboro Gold Project and its staff to date. We also want you to know that we are working hard to create local opportunities and do so while safely caring for the environment. We will continue to keep you informed as the Goldboro Gold Project advances.

### *Did you know?*

Signal Gold is looking for new members to join its **Community Liaison Committee (CLC)**. The primary responsibility of the CLC is assist us in sharing information with the community and to receive feedback. Soon, we will be releasing a call for participants along with information on how you can indicate your interest in joining the CLC. In the meantime, if you have interest in participating on the CLC please contact John Beaton at 902-870-5188 or [jbeaton@signalgold.com](mailto:jbeaton@signalgold.com).

### *Staff Profiles*

Each edition, we take the opportunity to tell you about some of the people who contribute their skills and talents to the Goldboro Gold Project. This time, we are continuing our feature of the exploration team – enjoy!

GOLDBORO GOLD PROJECT



## Our Exploration Team - Part 2

		
<p>David Copeland Chief Geologist</p>	<p>Michelle Christensen Exploration - Project Supervisor</p>	<p>Tristan Harte Project Geotechnician</p>
<p><small>Dave lives in St. Johns, NL - originally from Riverview, NB</small></p> <p><b>What do you do with Signal?</b> "I am responsible for planning, direction and oversight of Signal Gold's exploration programs and reporting of results to senior management and shareholders."</p> <p><b>What do you like most about working for Signal Gold?</b> "The people and culture. A wonderful and passionate team built for success!"</p>	<p><small>Michelle lives in St. John's NL - originally from Ottawa, ON</small></p> <p><b>What do you do with Signal?</b> "As the Exploration - Project Supervisor I am responsible for planning and executing all exploration activities in Goldboro."</p> <p><b>What do you like most about working for Signal Gold?</b> "My favourite thing about working with Signal Gold is the opportunity to be part of team that focuses on growth."</p>	<p><small>Tristan lives in Isaac's Harbour - he's from the area and has been with Signal for 5 years</small></p> <p><b>What do you do with Signal?</b> "I provide support to geologists by collecting and preparing drill core samples for them to log."</p> <p><b>What do you like most about working for Signal Gold?</b> "What I like most about working with Signal is that it's close to home and I get to do a wide variety of different tasks and learn new skills - also I enjoy spending a good amount of time outdoors as I am an avid outdoorsman!"</p>

# Recreation Report

## Chedabucto Lifestyle Complex

### **Fitness Center and Building Hours of Operation**

Monday – Friday 6:00am – 9:00pm  
Saturday and Sunday 9:00am – 5:00pm

We offer rentals for meetings, birthday parties, weddings and more. Call us at 902-533-2088 to discuss your booking. We have free equipment rentals on scooters, roller blades and helmets and other equipment that can be used on site. Contact us for fitness centre membership pricing.

Follow us on Facebook (@chedabuctolifestylecomplex) for all up to date announcements and information regarding upcoming Recreation Programs and Events. Phone: 902-533-2088

## Fanning Fitness Center

The Fanning Fitness Center is located in Hazel Hill at the Fanning Education Center. Please contact the centre at 902-366-2924 for information on memberships. The regular hours are as follows as of September 6th:

3:00pm to 8:30pm Monday to Friday  
9:00am - 3:00pm Saturday  
11:00am- 3:00pm Sunday

## Community Recreation Grants

The Community Recreation Grant Program is designed to encourage community recreation in a manner consistent with the recreation principles, goals and plans of the Municipality of Guysborough. In addition, it is to be used to improve the quality and quantity of community recreation opportunities by financially assisting community groups with new Recreation & Culture Initiatives, Leadership, Youth Programming and Individual training and development.

Community Grants are received and assessed on an “as needed” basis. In addition, it is the policy of council to approve only one community grant per year (April 1st - March 31st) per group or individual.

Community Program Grant (\$500.00) – This grant is for community organizations that are planning programs or events for residents of MODG

Community Hall Grant (\$1,000.00) - All Community Halls and Community Centres in MODG are eligible to apply to assist with the ongoing cost of maintaining a community space.

Please feel free to contact our Recreation Department for more information on our grant program, 782-452-4003 or [atavares@modg.ca](mailto:atavares@modg.ca).

Forms for these grants can be picked up at Recreation Office or found on our website at:

<https://modg.ca/residents/your-municipal-services/recreation/programs>

# Recreation Report

## Guysborough County 55+ Adult Games, Liscombe Lodge

The Guysborough County 55+ Adult Games will be held Wednesday, October 4 and Thursday, October 5 at Liscombe Lodge. The games will include the below activities:

- Walking event
- Crokinole
- Outdoor Shuffleboard
- Scrabble
- Washer Toss
- Ladder Golf
- Cribbage
- 45's
- Darts
- Indoor Shuffleboard
- Carpet Bowling

Registered participants have the opportunity to stay the night at Liscombe Lodge, there will be evening events including a banquet and live entertainment. Registration deadline September 11, 2023. Registration fee is \$50.

If you have any questions or to obtain a registration form, please contact Angie Tavares at 782-452-4003.

## Nordic Walking

We have hosted a number of Nordic walking clinics over the summer months. Led by certified instructor Chris Muise.

Adding Nordic Poles to your walking routine is an excellent way to increase the level of your regular walking and burn up to double the calories. Come give it try.

Nordic Walking poles are now available as part of our equipment loan program at the CLC. Please watch our facebook page for upcoming clinics.



# Community News



There are so many ways to access Eastern Counties Regional Library (ECRL) services:

- **Staffed Library Hours** – Visit the library, use the computer or free Wi-Fi, browse the collection, and get in-person or telephone assistance from local staff.
  - Canso Public Library: Wed, Thu, Fri – 12:30pm-5:30pm, and Sat – 9:30am-1:00pm
  - Guysborough - Cyril Ward Memorial Public Library: Tue, Wed, Fri – 12:30pm-5:30pm, and Sat – 9:30am-1:00pm
- **Extended Library Hours** – Help yourself to the library in Guysborough – Cyril Ward Memorial Public Library, Atlantic Canada's first Open Library! Use your adult library card and PIN to unlock the door during extended hours (7:00am-9:00pm daily).
- **Borrow by Mail** – available to all residents of ECRL's service area. Select items in our online catalogue and place a hold, selecting “ECRL - Borrow by Mail” as the pickup location, or call your library for assistance.
- **Digital Library Services** – accessible for free anytime, from anywhere with an internet connection. With downloadable eBooks and audiobooks, newspapers, magazines, music, television and film, English and French encyclopedias, video tutorials, and language learning courses, there is something for everyone at [ecrl.ca/digital-library-services/](http://ecrl.ca/digital-library-services/)

Get the latest library service updates by visiting our website often at [ecrl.ca](http://ecrl.ca), or by following ECRL on social media: [www.facebook.com/ECRLibrary](https://www.facebook.com/ECRLibrary) and [twitter.com/ECRLibrary](https://twitter.com/ECRLibrary).



*Eastern Light Lodge #72, A.F.  
& A.M., Grand Lodge of Nova Scotia*

(<http://www.grandlodgens.org>)



Eastern Light Lodge #72, A.F & A.M., (established 1875) meets the 2<sup>nd</sup> Wednesday monthly at 26 Queen Street, Guysborough.

**If you are in need of a secure, clean and dry storage unit**, Eastern Light Lodge can assist you. Self-storage units are located within the lower level of the masonic-lodge building at 26 Queen Street, Guysborough. Inquiries about the self-storage units may be directed to 902.870.0515.

**"Freemasonry is an organization of like-minded men who accept a lifestyle based on a universal system of morality dedicated to the self-improvement of its members and thereby contributing to the building of a better community."**

**Who we Are:** Like-minded men who accept a lifestyle based on a universal system of morality!

**What we do:** We are dedicated to the self-improvement of our members!

**What is Important to us:** Contributing to the building of a better community!

**Questions:**

**Rt. Wor. Bro. John (Jack) E. Ronald, Worshipful Master (902-631-4031) [Jackronalds1@gmail.com](mailto:Jackronalds1@gmail.com)**

**Rt. Wor. Bro. Darrell Grant, Secretary (902.631.1531) [darrell.grant@martinmarietta.com](mailto:darrell.grant@martinmarietta.com)**

**To be a Mason --- Ask a Mason**

# Community News

Eastern Light Lodge # 72, Guysborough, and The Masonic Foundation present a donation of \$ 1,000 to the Guysborough Memorial Hospital Foundation. (Left – Right) WM Rt. Wor. Bro Jack Ronalds, Bill Innis, Guys. Memorial Hospital Foundation and IPM Rt. Wor. Bro. Darrell Grant. (Contributed photo)



Above- Eastern Light Lodge # 72, Guysborough, and The Masonic Foundation donate \$ 1,000 to Guysborough Academy Breakfast Fund. (Left – Rt.) Barbara Avery, Principal, and IPM Rt. Wor. Darrell Grant (Contributed photo)



Left- Eastern Light Lodge # 72, Guysborough, and The Masonic Foundation bursary winners, \$ 1,000 each, (Left – Rt.) Ryan Sangster, IPM Rt. Wor. Bro. Darrell Grant and Rory Williams. (Contributed photo)

## St. Patrick's Kitchen Party

St. Patrick's Kitchen Party at the Guysborough Intervale Hall, on the 3rd Sunday of each month until the end of November. Admission is \$5.00, lunch is served and great local talent.

# Community News

## Guysborough Food Bank

Located at 10 Green St, Guysborough.

The Food Bank is open Thursday 12:00pm - 2:00pm.

Pick-up can be arranged outside normal hours for emergencies only.

For inquiries please contact 902-533-2248.

Donations can be dropped off at anytime by placing in the donation box located outside the building.

## Canso Lions Club Fall Activities

Regular monthly meetings for the Canso Lions Club will return on Wednesday September 6<sup>th</sup>. The Canso Lions are looking for interested individuals who would like to learn about the activities of the Canso Lions and the many ways Lions help individuals and organizations in our community. Contact any Lions Club member or membership chair Lion Mary Lou Bond 902-366-2785.

The Lions continue to deliver meals on wheels to local residents. The popular TV Bingos are held every Tuesday at 6 PM at the Lions Club or on Cable 6. The public is welcome to play bingo at the Lions Hall. Drop in Darts, Card Plays, & Bi-monthly Meat Rolls will return in the fall. The Lion's Hall is available for rental & public meetings. Contact Lion Juanita Dort 902-366-2639.

The 2023/2024 Executive includes: King Lion Barry Lumsden, secretary Lion Catherine DeRabbie and treasurer Lion Marie Sullivan

The Canso Lions would like to thank the public for is support,

## Goldboro Interpretive Centre

### Quilters Group

The Quilters Group meets on Monday afternoons between 1:00 - 4:00 at the Centre. If interested in quilting, please drop in and join us.

### Chase the Ace

Chase the Ace began Saturday, August 12th and will continue every Saturday evening until the Ace of Spades is chosen. Tickets sell 3 for \$5.00. Ticket sales are Saturday evenings 6:00 - 8:00 p.m. with the draw at 8:15 p.m.

### Goldboro Isaacs Harbour Days

Lots of activities Labour Day weekend! Friday: 7:30 p.m Bingo. Saturday: Flea Market, Bake Sale & BBQ from 10:30 a.m. - 1:00 p.m at the Fire Hall; Antique Car Show 1:00 - 4:00; Pub & Karaoke 7:00 - 10:00 p.m; Sunday: Pancake Breakfast 9:00 - 11:00 a.m: Poker Boat/Car Rally starting at 11:30 a.m; BBQ & Rally Prizes 4:00 - 6:00 p.m. Come enjoy the fun!



# Community News

Are you thinking of starting a new business in Guysborough County?



## CBDC's SEB Program

If you are unemployed, underemployed or have been within the last 5 years, you may be eligible for the Self Employment Benefit program. This program aids in developing a business plan, many training opportunities and guidance from a business development officer, as well as financial assistance while you get your business off the ground.

## Youth Entrepreneur Microloan Program

Are you:

- looking to turn your passions into a career?
- between the ages 18-34?
- wishing to be your own boss by starting your very own business?

***Then our NEW loan program might be for you. Loans up to \$10,000 with low interest are now available.***

*For more information contact Daphne or Janice at the Guysborough County CBDC at 902-533-2770 or visit*

[www.cbdc.ca](http://www.cbdc.ca).

## Guysborough County Kids First

Kids First Family Resource Center is a non-profit organization serving families throughout Guysborough County. We hold weekly programming year-round for families with young children while offering various home visiting programs.

- Kids Programs including Drop-In programs in Guysborough and Canso. (0-6yrs) And 3+ Drop-Off programs including Little Chefs, Little Sprouts, Little Einstein's, Shimmy & Shake, and Tumble Bugs. (ages 3 and up)
- The Enhanced Home Visiting Program is designed to help new parents with goal planning using a family-centered, strengths-based approach.
- The (CPNP) Prenatal Program is for all pregnant women in Guysborough County. Supports include prenatal vitamins, 4 liters of free milk per week while pregnant, breast pump loans, free car seat installation, and play groups including Baby Group, Busy Babies and Walk & Talk.
- Parent Programs including Mom & Dad's Night Out, and Dad & Me programs.
- Parenting Journey (3-16 yrs) is a home visiting program providing support for families experiencing challenges that may impact overall family functioning.
- The Cultural Connection Initiative is intended to increase the capacity of the DCS Prevention & Early Intervention system and the local communities to collaborate and respond to the needs of African Nova Scotian children, youth, families and communities.
- Guysborough Kids First now has a fully operating Giving Cupboard for families. Donations are welcome.
- To contact Kids First, call 902-533-3881 or toll free 1-888-533-3881 or message us privately on our Facebook Page.
- We are located at 105 Queen Street, Guysborough (above the fire hall).

# Community News



**TRANSIT ASSOCIATION**  
— OF GUYSBOROUGH —

**CALL 902-338-0959**

**9 AM - 1 PM**  
MONDAY TO FRIDAY

**THINGS TO KEEP  
IN MIND:**

- reserve at least one day before your ride (Friday by 1 pm for Monday rides)
- pets must be in a carrier
- pay by cash or e-transfer
- subsidies available for those who qualify
- more info:  
[guysborough.ruralrides.ca](http://guysborough.ruralrides.ca)

**Door-to-door  
rides!**



## Shamrock Club

Card plays every Sunday, Tuesday and Thursday @ 7:30 PM.

A 5 cent bingo is held every Thursday at 1:00 PM.

Music nights are being held the third Friday of the month @ 7:00 PM until around 9:00 PM. All local talent. Doors open @ 6:30. \$5 at the door. Even split tickets are sold. A light lunch is served around 8:30.

Our hall is available for rental for a minimum charge of \$75 for craft sales, birthday parties, receptions, meetings, etc. Please contact Pauline at [902-366-2767](tel:902-366-2767)

If anyone 50 years of age and older wishes to join the Shamrock Club please call [902-366-2767](tel:902-366-2767). The dues are \$10 per year. Our meetings are held on the 3rd Wednesday of each month @ 1:00 PM. ( No meetings during July and August)

# Community News

## 5<sup>th</sup> Canso & Area Cub/Scout/Beaver Information

Parents of youth ages 5-14 are invited to register youth with Scouts Canada. The Canadian Path Scouting Program includes outdoor activities such as cooking, camping, hiking and some water events. Subsidies are available with registration confirmation: Go to the link [myscouts.ca](http://myscouts.ca).

Meetings held Mondays at Fanning Education Centre/Canso Academy at 6pm for Cubs/Scouts. Beavers 4pm- 5pm.

Contact: Harold Roberts (Phone# 902-366-2287) email: [harold.m.roberts@gmail.com](mailto:harold.m.roberts@gmail.com)

New youth joining are offered free registration with Scouts Canada from September to December 31, 2023.

## Ocean Lake Riders ATV Club- Poker Rally

Fall Poker Rally -New Harbour, October 21, 2023.

Register at Harbourview Community Centre -9503 route 316. Registration 9:30 - 11:00 am.

Get your poker hand started at the centre - get your last cards at the shelter, then follow the signs and hit the trail.

Be back to the Ocean Lake shelter by 4 pm. Food available at the shelter. Great prizes, door prizes, 50/50.

Please adhere to the ATV/OHV Rules & Regulations

Great way to spend day !!

## Guysborough Adult Learning Association

GALA offers adult learner programs that develop and enhance essential skills, work-related skills, computer skills, prepare for GED testing and more. GALA has in center and online programs available that are offered in Guysborough, Canso, Goshen and Sherbrook.

Upcoming workshops will be announced on our Facebook page. All programming and activities are free. *Ask us about our upcoming Community Literacy programming beginning in the fall.*

For more information and to register with GALA Call: GALA Office 902-533-4252

The Guysborough Adult Learning Association is sponsored by the NS **Department of Labour, Skills and Immigration and NSSAL**

## Isaacs Harbour Cemetery & Women's Auxiliary of the Isaac's Harbour Fire Dept.

Flea Market / Bake Sale / BBQ

Saturday, September 2nd, 10:30 - 1:00 at the Isaac's Harbour Fire Hall. 50/50 tickets will be on sale.

# Community News

## Guysborough Memorial Hospital Auxiliary

### **Quilt Tickets for Sale**

One of the main goals of the Hospital Auxiliary is to provide the doctors and nurses with the medical equipment they require to successfully treat those who live in Guysborough and the many surrounding communities.

The Auxiliary has been able to provide funding for medical supplies and equipment through your consistent support and continued generosity. We are committed to contribute \$31,000 in a 50/50 cost sharing effort with the Hospital Foundation toward the purchase of system upgrades to the 3 Cardiac Monitors and adding 3 Telemetry units with SPO2 monitoring. We continue to provide the hospital with cable TV, personal care items and furnishings that provide comfort and care to the patient.

Once again the Auxiliary is selling tickets on a beautiful handmade quilt. This year it is “corsage violet femme” and measurements are 88” x 104”. You can buy your tickets from any Auxiliary member as well as at some local businesses.

We are always interested in attracting new members. Both men and women are welcome to join. Would you like to buy or help sell tickets on the quilt? Perhaps you are a gardener and would like to help us maintain the flower beds at the hospital. If this interests you please reach out to Maureen 902-533-4068 or email [mmp.landry@ns.sympatico.ca](mailto:mmp.landry@ns.sympatico.ca)

We appreciate and thank you all for your continued support.

Donations can be given to an Auxiliary member in your area or by mailing to GMHA PO Box 181, Guysborough NS B0H1N0.

## Chedabucto Curling Club

The Chedabucto Curling Club is looking forward to our 60<sup>th</sup> year. Many events are already into the planning stages and it's sure to be a banner year.

**Registration** will soon be underway for the 2023-2024 season. If you have questions about becoming a Chedabucto Curling Club member, whether as a Full, Social or Little Rocker (ages 6 – 9 years) / Junior (ages 10 – 19 years), please inquire.

The Chedabucto Curling Club Community Activity Society (CAS) in addition to being a welcoming organization is an excellent source of recreation and socialization.

Curlers are encouraged to participate at their comfort levels such as becoming delivery-stick curlers with no sliding required. Equipment such as curling brooms, sliders, stabilizers and delivery sticks are provided free of charges to members by the Chedabucto Curling Club.

At this time we wish to thank all who have generously supported the club by purchasing tickets for the annual Ducky Race.

Questions- Maurice Landry 902-533-4068 [mmp.landry@ns.sympatico.ca](mailto:mmp.landry@ns.sympatico.ca)  
Website: [www.chedabuctocc.ca](http://www.chedabuctocc.ca) Like us at [www.facebook.com/ChedabuctoCC](https://www.facebook.com/ChedabuctoCC)  
Follow us on Twitter [www.twitter.com/@ChedabuctoCC](https://www.twitter.com/@ChedabuctoCC)

# Community News

## ArtWorks East Fall 2023

### **Serving the Community with Workshops and Classes**

Would you like to learn how to do stained glass art with Sue Mitchell, or make hand-made greeting cards with Ruth Fraser Gillie, or perhaps create a professional tote bag with Alison Billard? All these are available this fall (thanks to the 2023 Wellness Fund). You can learn more about each one, including dates and locations, at the ArtWorks East website listed below. Registration is required.

At the same time, ArtWorks East will be offering weekly painting classes for everyone at Guysborough Options this fall with Lee Leonard taking the lead on this project (many thanks to a Recreation Community Development Grant from NS Communities, Culture, Tourism and Heritage). And Moni Duersch is continuing with her painting classes at the Seaside Manor in Canso and the Milford Haven Home in Guysborough (and thanks to the federal New Horizons for Seniors Program).

We're working on other things too: regular art classes for elementary school students, another workshop for neurodivergent children, and maybe even a destash event. So stay tuned on our Facebook page and our website!

We really appreciate the grant programs listed above and we always welcome your donations at <https://bit.ly/donateAWE>

### **Follow Us**

Find out about our upcoming workshops at <https://www.artworkseast.ca/>

Follow us on Facebook: <https://www.facebook.com/ArtWorksEast.Guysborough>

Or just reach out with your ideas and questions: [info@artworkseast.ca](mailto:info@artworkseast.ca)

## Guysborough Historical Society

- The Old Court House Museum will be closing to the public Sept. 23.
- We will be open for the Emancipation Day celebration.
- The Historical Society executive meets in the museum the third Tuesday of each month. We don't usually meet in December
- Expect a new publication soon - a collection of Morrison's "Down Guysborough Way" articles.
- After we close, books can be purchased through our website.

## Guysborough & Area Dementia Support Group

The Guysborough & Area Dementia Support Group meet from 1-2 pm at the Chedabucto Lifestyle Complex on the first Monday of each month, the exception being holidays, we then meet on the second Monday. This is a respectful, non-judgemental atmosphere.

For further information contact Ursula at (902)870-1029 or email [ursularyan55@gmail.com](mailto:ursularyan55@gmail.com)

# Community News

## New Harbour & Area Fitness Centre

Welcome to fall! As we get back into our fall/winter routines the gym is a great place to return to. Registration is a low \$50 per year, with a \$5 drop in fee for casual users. New members are always welcome. There is an age requirement of 15 years.

At present we have a supervisor doing some mornings so please contact us through our Facebook page for detailed open day times. Charlene is available every evening 6-8pm for those who wish to drop in.

## Harbourview Community Centre

We are still recovering from the full activity packed weekend of New Harbour Days. Thank you to all the volunteers and those who have donated to make this a successful fundraising event for the centre. There is lots to do to get a final dollar figure raised but crowds were plentiful at every event.

Hall bookings can be done through Clyde at (902) 387-2221 or visit our Facebook page and leave a note, you will be seen to.

Our minds are already conjuring up what the next event will be so stay tuned for information soon. Special thanks to MODG Recreation Dept. for the loan of picnic tables and sports equipment. Also Isaac Nickerson for keeping the grounds looking clean and sharp.

## Message From MLA Greg Morrow

What a busy and jam-packed summer we just had! Of course, summer doesn't really start until school is out, and we had some wonderful graduation ceremonies in Guysborough-Tracadie at the end of June. It was an honour to attend two such ceremonies on behalf of the province- Canso Academy and St. Mary's Academy. Congratulations to the rest of the graduates from Guysborough Academy, East Antigonish Academy and SAERC, as well as all students on another successful school year!

There were so many great festivals and events throughout the constituency, from Come Home Week, Stanfest, Canso Regatta and Thunder Rally to Scotia Days, Smokey Hollow Holidays, New Harbour Days, Whitehead Days, Festival Savalette, Interval Days and Ecum Secum Days. That list doesn't even include Canada Day festivities in Guysborough, Sunnyville, Canso, Goldboro, Goshen and Sherbrooke. A huge shoutout and thank you to all the community-minded volunteers who make these events happen- it definitely would not be possible without you!

As we head into the fall, I remind you- please do not hesitate to contact my office if there is anything Charla and I can do- we're here to help!



Greg Morrow  
MLA Guysborough-Tracadie  
902-533-2777  
Gregmorrow4gt@gmail.com

# Community News

## Want to Help Find Solutions to Housing Issues in Guysborough County?

The Guysborough County Housing Network is in the process of incorporating as a Non-Profit Community Housing Association. We are seeking individuals who would like to become a part of an exciting initiative to take on affordable housing projects to address shortages in key priority areas such as family housing in Guysborough and seniors housing in other communities.

If you have any skills or experience working in design, construction, social media, finance, environmental sustainability, real estate and property management or have values that align with our social goals to provide quality housing to people living in housing need, we would love to have you. We will provide opportunities for capacity building, learning about housing issues, and a commitment to progressive and transparent governance that fosters inclusion and collaboration.

We are especially interested in having "first voice" members who have experience living with housing insecurity to help keep us true to the reality faced by community members who struggle to find safe, accessible and affordable housing.

We have funding from the Community Health Board Wellness Fund to dedicate towards building a website that can link residents to the housing knowledge they need to address their needs. It will also help build collaboration and coordination with other non-profit and service providers. There will be some governance and executive positions available, but also shorter term committee opportunities during phases of the project cycle.

To become part of this exciting organization, email your interest to [guysboroughhousing@gmail.com](mailto:guysboroughhousing@gmail.com). For further information contact Co-Chairs Nancy O'Regan [nancy@oreganprojects.com](mailto:nancy@oreganprojects.com) or Mary Desmond [handonmom@hotmail.com](mailto:handonmom@hotmail.com)

## Temporary Closure Information

Need to know when your emergency department is closed?



Visit [www.nshealth.ca/temporaryclosures](http://www.nshealth.ca/temporaryclosures) to find information on temporary emergency department closures & other service interruptions.

You can also call the hospital switchboard:

Eastern Memorial Hospital: 902-366-2794, Extension 2.

Guysborough Memorial Hospital: 902-533-3702, Extension 2.

WHEN AN EMERGENCY DEPARTMENT IS CLOSED:

- Anyone with urgent medical needs should call 911.
- For non-urgent care, call your family doctor/primary care provider. If you do not have one, please add your name to the Need a Family Practice Registry ([www.needafamilypractice.ca](http://www.needafamilypractice.ca))
- For general health advice and information 24/7, call 811 and talk to a registered nurse.
- The provincial Mental Health & Addictions Crisis Line can be reached 24/7 by calling 1-888-429-8167.



September 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023						
S	M	T	W	T	F	S
1		3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## Collection Legend:

- Clear Bag, Blue Bag, Green Cart Collection
- Holiday—No Collection
- \*Bulk Waste\* & Clear Bag & Blue Bags & Green Cart Collection

If you are not sure, please call:  
902-533-3705

### \*\*\*COLLECTION DAY NOTICE\*\*\*

Waste Must Be Curbside by  
7:00AM on Collection Day

GET SCHEDULES, REMINDERS &  
SORTING INFORMATION AT [www.erswm.ca](http://www.erswm.ca)  
OR CALL ERSWM AT 902-870-2817

**RECYCLE  
RIGHT!**



## PUT WASTE IN ITS PLACE Waste Sorting Guide

*We Recycle  
Please do your part!*

### ORGANICS GREEN CART

**No Plastic, Metal, Glass,  
Cigarette Butts or Ashes.**

PLACE THE FOLLOWING ITEMS IN  
YOUR ORGANICS GREEN CART

#### ALL FOOD WASTE:

- Vegetables, Fruit & Peelings
- Meat, Fish & Bones
- Bread & Pasta
- Solid Dairy Products
- Egg, Fish & Nut Shells
- Coffee Filters & Grinds
- Tea Bags
- All Leftover Food (table scraps)

#### SOILED AND NON-RECYCLABLE PAPER:

- Paper Bags
- Sugar & Flour Bags
- Paper Plates
- Waxed Paper
- Paper Fast Food Packaging & Boxboard (ie. Fry Boxes)
- Restaurant Pizza Boxes
- Soiled Paper Products (ie. Napkins & Paper Towel)

### RECYCLING

**MUST BE CLEAN & PROPERLY SORTED**

#### BLUE BAG # 1 — PAPER ONLY

**ALL PAPER MUST BE CLEAN & DRY.**

- Newspapers & Flyers
- Boxboard & Paper Boxes
- Office Paper
- Magazines & Catalogues
- Egg Cartons
- Books (Hard Covers Removed)
- Cardboard (Small Amounts)

#### BLUE BAG #2:

**CAPS & LIDS MUST BE REMOVED FROM ALL.**

- All Milk Containers (jugs, cartons & bags)
- Refundable Beverage Containers
- Glass Bottles & Jars
- Metal Food Cans
- Clean Aluminum Foil & Plates
- Plastic Containers (caps off)
- Expanded Polystyrene (ie. Styrofoam™)
- Grocery & Bread Bags

#### CARDBOARD:

Empty, flatten and bundle. (Businesses - Ask your hauler if you need to bundle.)

#### REFUNDABLE CONTAINERS:

Deliver to an Enviro Depot™ to receive the refund. Or place in Blue Bag #2 for recycling.

### CLEAR BAG FOR GARBAGE

#### A LIST OF EXAMPLES:

- Broken Glass (wrapped for safety)
- Candy Bar Wrappers
- Chip Bags
- Dirty Aluminum Foil
- Toothpaste Tubes
- Floor Sweepings
- Frozen Juice Cans
- Hot & Cold Drink Cups & Straws
- Incandescent Light Bulbs
- Kitty Litter & Diapers
- Netted Bags (ie. onion bags)
- Personal Hygiene Products
- Plastic Packaging (no number)
- Soiled Plastic Wrap
- Toilet Paper
- Toys, Dishes, Fabric & Shoes (Consider Reuse)

#### RESIDENTIAL HOUSEHOLD HAZARDOUS WASTE

Drop-off location at the Guysborough Waste Management Facility

#### A List of Examples:

- Pesticides, Herbicides, Batteries & Paint
- Propane Tanks, Oil, Gas & Antifreeze

## \* BULK WASTE \* PICK UP (EXAMPLES)

### ACCEPTABLE ITEMS:

- FURNITURE
- APPLIANCES
- AUTO TIRES (under 20")
- ELECTRONICS
- TOYS (items too large for a regular clear garbage bag)

### UNACCEPTABLE ITEMS:

- CONSTRUCTION DEBRIS
- AUTO PARTS
- YARD WASTE
- CLOTHING
- ALL items that fit in a clear garbage bag and weigh less than 50 lbs or 23kg

If you are not sure, please  
call:

902-533-3705

**\*\*REMINDER:** the Municipality will collect the items below, properly sorted into separate blue bags on recycling day

- ⇒ Blue Bag #3 — empty oil and glycol (antifreeze) containers with caps on
- ⇒ Blue Bag #4 — clean clothing, other fabrics, footwear, purses & belts
- ⇒ Blue Bag #5 — metal pots, pans & small appliances

# REDUCE - REUSE - RECYCLE - Thank You!