

Recyclable material list

Fibre



Material & examples	What to know
	Cardboard boxes Pizza boxes, direct mail boxes, moving boxes, shoe boxes. ☒ Place flattened and bundled cardboard 60 x 60 cm next to blue bags at the curb. ☒ Empty.
	Boxboard Cereal boxes, tissue boxes, egg cartons, rolls from toilet paper and paper towel. ☒ Flatten. ☒ Empty.
	Paper Any colour, including flour bags, prescription bags, paper produce bags. Notebooks, white or coloured loose paper, file folders, other printed materials. Community newspapers, flyers, brochures and magazines. Greeting cards and envelopes, gift boxes. ☒ Place shredded paper in a tied clear plastic bag. ☒ Separate from plastic bags used to cover items, remove elastic bands. ☒ Remove rope handle from bags. ☒ Do not include soft or hard covered books/novels.

For details on what goes where, visit circularmaterials.ca/NS.

Recyclable material list

Paper/fibre



Material & examples		What to know
	Paper laminate packaging Plates, flour bags, paper and gift bags, muffin or sandwich bags.	☒ Empty.

For details on what goes where, visit circularmaterials.ca/NS.

Recyclable material list

Containers



Material & examples		What to know
	Plastic containers Laundry detergent and household cleaner jugs, shampoo, body wash, salad dressing, condiment, dish soap, mouth wash bottles.	☒ Empty. ☒ Lids and caps on.
	Food trays, salad, yogurt, peanut butter, bakery and egg containers, plastic cups, plastic tubs and lids.	
	Toothpaste tubes, deodorant, hand cream tubes.	
	Small item packaging, hand sanitizer bottles, plant pots.	

For details on what goes where, visit circularmaterials.ca/NS.

Recyclable material list

Containers



Material & examples	What to know
	Plastic film Plastic that can be stretched. Bags used for dry cleaning, bread, newspapers and flyers. Sandwich bags, freezer bags, shrink wrap. ☒ Empty.
	Paper laminate packaging Spiral cans, cookie dough package, ice cream containers, and hot and cold beverage cups. ☒ Rinse and dry. ☒ Remove lids.
	Cartons Dairy and dairy substitute cartons, molasses and sugar cartons, laundry and cleaning cartons, soup and sauce cartons, coffee cartons. ☒ Rinse and dry. ☒ Lids and caps on.

For details on what goes where, visit circularmaterials.ca/NS.

Recyclable material list

Containers



Material & examples	What to know
	Metal Food cans, metal lids, candle, cookie, coffee and tea tins. ☒ Rinse and dry.
	Aluminum (foils and trays) Aluminum foil, pie plates, frozen food trays. ☒ Empty. ☒ Ball up aluminum foil.
	Glass containers Clear and coloured glass. Food containers, jars and bottles. Cosmetic containers, spice bottles, oil and vinegar bottles. ☒ Empty. ☒ Lids and caps off.

For details on what goes where, visit circularmaterials.ca/NS.